

CYYAC 2016 Young Adult Events

Theater: “LIVING RIGHT” by Amina McIntyre

Monday, July 11, 2016 at 6:00pm Southwest Hall (Cook Convention Center)

Samarra has it all: a wonderful job, house, a man who loves her and a daughter she loves beyond reason. That is until Samarra encounters a mysterious man who shows her a new life. Their interlude causes a ripple effect in her home and community, causing everyone to consider just how “right” they are living. Woven together with music and dance, this as a modern take on biblical stories is an event not to be missed.

Who Has My Badge?

Monday, July 11, 2016 at 11:30pm Ballrooms A & B (Convention Center)

Get ready to meet the young adults of the CME Church in this our first social affair. Start this busy week off right by getting to know your fellow conferees. This is also a significant networking opportunity, so bring business cards.

Spiritual Enrichment and Skill Building:

Healthy Eating: [Recipes for a New You!](#)

Chef Daniel W. Thomas

Tuesday, July 12, 2016 at 12:00pm Ballrooms A & B (Convention Center)

Many of us are committing or have committed to living a healthier lifestyle. Knowing what is “healthy” and how to incorporate this motif into our busy lives isn’t always easy, especially when it comes to the foods we eat. As millennials, we define “healthy” differently from previous generations, counting calories less and caring more about the long-term benefits it can bring. Acclaimed Chef Daniel W. Thomas of Washington, D.C. will show you how easy creating healthy meals on the go and at home can be. This live cooking demonstration and tasting is for the foodie, the microwaver, the throw-down in the kitchen host with the most, and everyone in between. Stick around at the close of the event to meet Chef Thomas and purchase a copy of his cookbook for the book signing.

CYYAC 2016 Young Adult Events

Plenary: Chosen to Shine: Marketing For-Purpose Ministries in the 21st Century

Tashion Macon, PhD, MBA

Tuesday, July 12, 2016 at 3:15pm Ballrooms A & B (Convention Center)

Marketing executive and spiritual strategist Dr. Tashion Macon of StrutAgency will discuss approaches to marketing our ministries to new populations outside the church, specifically to potential ministry participants under the age of 50. Dr. Macon will discuss the importance of branding, structuring your ministries around end-users, and re-thinking how and why we do ministry. This session is appropriate for clergy, lay, and all young adults concerned with the development of sustainable ministries.

Small Group Learning: Chosen to Shine: An In-depth Look at Marketing

Dr. Tashion Macon

Tuesday, July 12, 2016 at 4:30pm Ballroom A (Convention Center)

This intensive clinical is a one-time only offering of intimate marketing principles from Dr. Macon. She will expound upon concepts laid out in her plenary and field questions from participants.

Small Group Learning: Chosen to Lead: Beyond the Position

Rev. Allen Page III

Tuesday, July 12, 2016 at 4:30pm and Wednesday, July 13, 2016 at 11:15am

Ballroom D (Convention Center)

So often we emphasize holding an office, being a delegate, being in charge, but rarely discuss what it means to *lead*. In this session, participants will be challenged to move beyond the basic assumptions of leadership. It is more than just the basic responsibilities of your position. Rev. Page will explore which models of leadership are the most useful for our contexts. Let's think together about realistic leadership styles and roles for young adults in the CME Church, beyond holding positions.

CYYAC 2016 Young Adult Events

Small Group Learning: Being Church: Beyond the Institution

Rev. Tilope Joyner White

Tuesday, July 12, 2016 at 4:30pm and Wednesday, July 13, 2016 at 11:15am
Ballroom C (Convention Center)

Who and what is the church? Why is it so common for people to see themselves as separate from the church? At the foundation of this discussion is the revolutionary idea that wherever we are as individuals, that's where the church is - because we *are* the church. But what does that mean for young adults today? Explore these questions and understand the power of being church with Rev. Joyner White.

Small Group Learning: Chosen to Worship: Finding Meaning "Contemporary" and "Traditional" Worship

Rev. Freeman McKindra II

Tuesday, July 12, 2016 at 4:30pm and Wednesday, July 13, 2016 at 11:15am
Ballroom E (Convention Center)

Most of us believe that there are two kinds of worship services: traditional and contemporary. Traditional worship is for "oldheads," contemporary worship is for young adults and youth. At the center of this way of thinking is that worship is *for* someone. This session questions that assumption and challenges participants to think differently about the function of worship in our churches – as well as the generational boundaries we put on it.

Bring Your Own Bible (BYOB): Grown Folk Conversations: The Flesh is Willing

Lynn Hargrow and Rev. Amber Lowe-Woodfork

Tuesday, July 12, 2016 at 11:00pm and Wednesday, July 13, 2016 at 10:30pm
Ballrooms A & B (Convention Center)

Join this late night Bible Study series that explores new ways to understand Christian spirituality and the body. Hargrow and Lowe-Woodfork will take on the controversial topics that church folk often ignore. This course goes beyond basic discussions of sexuality: they are making the move from asking what the Bible *says* to what the Bible *means*. Come prepared to explore spiritual concepts in a safe and respectful environment.

CYYAC 2016 Young Adult Event Descriptions

CYYAC 2016 Young Adult Events

Healthy Start: 3K Walk/Run

Thursday, July 14, 2016 at 7:00am Mud Island River Park

Start your mornings off right with a healthy dose of activity and exercise in a group setting. If you're one of many who benefit from peer motivation, join us for one of our many morning exercise options: including yoga, calisthenics, and our 3K walk/run to Mud River Island Park (125 North Front Street). The 3K on Thursday will begin in the lobby of the Sheraton. For all events, please come prepared with closed-toe walking/gym shoes and exercise-appropriate attire. See schedule for morning yoga events.

From Theory to Action: FIRE Plenary

Rev. Keenan Winters

Thursday, July 14, 2016 at 9:00am Ballrooms A & B (Convention Center)

This session discusses the possibilities for young adult ministry in the CME Church. Join in this important dialogue about what ministry toward young adults looks like in the 21st century. We will explore contemporary models for ministry using the four elements of FIRE (Fellowship, Instruction, Relationship, and Empowerment).

From Theory to Action: Chosen to Imagine and Invest: The CME Church in the Next 10 Years

The College of Bishops

Thursday, July 14, 2016 at 10:00am Ballrooms A & B (Convention Center)

In this dialogue, we want to invite the executive leaders of our church to consider with the church's young adults the College's vision for the church in the near future, their plan of execution for that vision, the role of young adults in actualizing that vision, and how young adults can support and/or effect it. Join the College of Bishops for what promises to be a fruitful discussion on the future of the church.

CYYAC 2016 Young Adult Events

NeoSoul on the River

Featuring Will Graves and SOUL

Thursday, July 14, 2016 at 10:00pm Mississippi River Park

Join us for what promises to be a laid back excursion on the Mississippi River with relaxing, neo soul grooves, friends, and food available for purchase. NeoSoul on the River is an opportunity for millennials to wind down after an eventful CYYAC and enjoy the scenic landscape of Memphis while being serenaded by the stimulating sounds of Memphis locals Will Graves and Soul.